

St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor



Mission Statement:

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.

- St. Ambrose

MASS TIMES

Sunday Liturgy
Saturday (Vigil) 4:30 pm
Family Mass with Youth Choir
Sunday 9:00 am Cantor & Organ
11:00 am Choir & Organ

Daily Mass

Monday-Friday 8:00 am (no Mass Tuesdays)

Devotions

Holy Hour Eucharistic Adoration
First Friday 8:30 am - 9:30 am
"Can you not watch an hour with me?" Matthew 26:40
Holy Rosary Monday - Saturday 7:30 am
Divine Mercy Chaplet Monday - Saturday 8:30 am
Devotion to Our Lady of Perpetual Help
Wednesdays 8:45 am

BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

Office Hours: Mon, Wed, Thurs, Fri 10 am - 3 pm
Closed Tues, Sat, Sun

New Parishioners

Welcome! To register please call the office or email rose@stambroseparish.com.

SACRAMENTS

Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME YOU TO JOIN US!



SECOND SUNDAY IN ORDINARY TIME Jan 15, 2023

MASS INTENTIONS

<i>Mon Jan 16</i>		<i>Sat Jan 21</i>	
<i>8:00 am</i>	+Manuel Linsao (Erlinda Linsao)	<i>4:30 pm</i>	+Stan & +David Ritchie <i>(Mary Ritchie)</i>
			+John Charles Neal (Family)
<i>Wed Jan 18</i>			
<i>8:00 am</i>	For the Poor	<i>Sun Jan 22</i>	
		<i>9:00 am</i>	+Pavel, +Stefania & +Anna Pavlovski (Jack & Kristina Sitarski) +Jan & +Teresa Sitarski (“ ”) +Maria Filippa Trigiani (Filomena Fazzari)
<i>Thurs Jan 19</i>			
<i>8:00 am</i>	Pro Populo		
<i>Fri Jan 20</i>		<i>11:00 am</i>	
<i>8:00 am</i>	Willie & Joe Gombar – Living Intention <i>(Betty DeBlois)</i>		+Giuseppe & +Filomena Zita <i>(Lucy Passarelli & Family)</i>

SACRAMENT OF FIRST HOLY COMMUNION:

Dear Parents, If your child is celebrating their 1st Holy Communion in 2023 there will be a **Mandatory Meeting & Registration drop off with payment on Saturday, February 25th at 11:00am in the church.** As part of their catechism preparation children who will be receiving the Sacrament of 1st Holy Communion are required to attend mass. If your child attends Private/Public School please call the office for more information. To register please go to our website at www.stambroseparish.com click on School **Sacrament of 1st Holy Communion will be celebrated on Saturday, June 10, 2023 at 10:30am.**



St. Ambrose Children Liturgy Invitation

All children between 3 and 8 years old are invited to the children's liturgy, which will run in the church basement on the **first and third week** of the month between **January 15 and June 18, 2023 at 11:00am.** For the other weeks, handouts which contain weekly reading and take-home activity will be available at the church entrance for pick up at the 11 am Mass.



Registration is required to ensure we prepare enough activities and handouts for all attendees. We also welcome volunteers for the preparation or during the children's liturgy. Please contact st.ambrosechildrenliturgy@gmail.com for more information and registration.

St. Ambrose Children's Liturgy Committee

SECOND SUNDAY IN ORDINARY TIME Jan 15, 2023



Ideas for a Delicious Plant-Based Meal

VEGAN PANCAKES

Ingredients

1 ½ cups all purpose flour
1 tbsp baking powder
½ tsp salt
2 tbsp sugar
1 cup of milk (soya, almond, oat or coconut)
½ cup of water
2 tbsps canola oil

Instructions

In a large bowl, whisk together the flour, baking powder, salt and sugar. Pour the milk, water and oil into the bowl with the dry ingredients, and stir with a large spoon until just combined. A few lumps are okay; do not over mix or your pancakes won't be as fluffy. Heat a large griddle or pan over medium-high heat. Grease the pan with vegan butter or coconut oil, and drop about 1/3 cup of the batter onto it. Cook until bubbles form, then flip and cook until golden brown on the other side, about 1-2 minutes. Repeat with all the remaining batter. Serve with vegan butter, pure maple syrup and perhaps some fresh fruit.

How to Go Vegan? The Best resources for Fun and Easy Transition:

<https://www.kinderworld.org/how-to-go-vegan?>



NEW BEGINNINGS

New Beginnings ministers to those who have suffered a loss through separation, divorce or bereavement. Online Drop-In Bereavement Support Session **January 25, 2023 @ 7:00 pm** Register at: <https://nbbd01.eventbrite.ca> For more information please contact: Arcangelo Limanni, MRE alimanni@cfstoronto.com (647) 215-3978. Share discussions with others in a safe, welcoming and non-judgmental online forum. **Topic: January Grief: Looking back and Looking beyond Moderator: Arcangelo Limanni, MRE**

Online Drop-In Separated/Divorced Support Session **January 26, 2023 @ 7:00 pm** Register at: <https://nbsdd01.eventbrite.ca> For more information please contact: Arcangelo Limanni, MRE alimanni@cfstoronto.com (647) 215-3978. **Topic: January Grief: Looking back and Looking beyond Moderator: Arcangelo Limanni, MRE**



TCDSB Kindergarten Registration

Wednesday, January 25, 2022 – 10 a.m. Kindergarten in the Toronto Catholic District School Board provides children with a variety of learning experiences in a caring, faith-based environment. Students develop a positive attitude about themselves and others, become more independent and responsible, develop self-regulation skills and appropriate social skills, and solve problems. TCDSB looks forward to welcoming new students for the 2023-2024 school year. Children born in 2019 are eligible to attend Junior Kindergarten in September 2023. **REGISTRATION:** SOAR.tcdsb.org **FOR MORE INFORMATION:** www.tcdsb.org/kindergartenregistration




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